

gewijzigd trainingsschema 2011 -2012 m.i.v. maandag 21 november

| veld 1 | | veld 2 | | veld 3 | | zaal E | | zaal F | |
|---------------|-----------------|--------------|-----------------|---------------|-----------------|--------------|---------|--------------|---------------|
| maandag | | | | | | | | | |
| 16.30-18.00 | J<12/1 | 16.30-18.00 | J<12/2 | 16.30-17.30 | Mix U10 | | | | |
| 18.00-19.30 | Waterl. JU16 | 18.00-19.30 | J U16/1 | 17.30-19.00 | M<16/1 | | | 19.00-20.00 | |
| 19.30-21.00 | M U20 | 19.30-21.00 | D3 | 19.00-21.00 | D1 | | | 20.00-21.00 | D4 |
| 21.00 -22.30 | H1 | 21.00-22.30 | H.rekr. | 21.00-22.30 | D2 | | | 21.00-22.00 | H2 |
| dinsdag | | | | | | | | | |
| | | | | | | | | 17.00-18.30 | M<16/2 |
| | | | | | | | | 18.30-19.45 | |
| 16.45 -18.00 | M<14/2 | 16.45 -18.00 | M<14/1 | 16.45 - 18.00 | M<12/1 | | | 19.45-21.00 | J U20/22 |
| 18.00 - 19.00 | | | | | | | | 21.00-22.30 | Brothers + S. |
| woensdag | | | | | | | | | |
| 16.30-17.45 | J<12/1 | 16.30-17.45 | J<12/2 | 16.30-17.30 | Mix U10 | | | 16.30-17.30 | |
| 17.45 -19.15 | J<14/1 | 17.45-19.15 | J<14/2 | 17.30-19.15 | M<16/1 | | | 17.30-19.00 | M U20 |
| 19.15-21.00 | Waterl. JU18 | 19.15-21.00 | | 19.15-21.00 | rollers | 19.00-21.00 | D1 | 19.00-21.00 | D1 |
| | | | | | | 21.00-22.30 | H1 | 21.00-22.30 | H1 |
| donderdag | | | | | | | | | |
| 17.30 - 19.00 | M<16/2 | 17.30-19.00 | M<14/2 | 17.30-19.00 | PBL/Apollo | 17.30-19.00 | M<16/1 | 17.30-19.00 | M<16/1 |
| | | | | | | 19.00-21.00 | D1 | 19.00 -21.00 | D1 |
| | | | | | | 21.00-22.00 | D2 | 21.00-22.00 | D3 |
| vrijdag | | | | | | | | | |
| 16.30-17.30 | M<12/1 | 16.30-17.30 | | 16.30-17.30 | | 16.30-17.30 | | 16.30-17.30 | |
| 17.30-19.00 | J U20+J U16 | 17.30-19.00 | J<14/1 | 17.30-19.00 | J<14/2 | 17.30 -19.00 | M<14/1 | 17.30-19.00 | M<14/1 |
| | | | | | | 19.00-20.00 | D1 | 19.00 -20.00 | D1 |
| | | | | | | 20.00 -21.30 | rollers | 20.00-21.30 | rollers |
| zaterdag | | | | | | | | | |
| 09.30-11.00 | basketballschoo | 09.30-11.00 | basketballschoo | 09.30 -11.00 | basketballschoo | | | | |

trainingen Waterland basketbal in de Kraal

Purmerend

dinsdag 18.30 - 20.30 J U16

dinsdag 20.00 - 22.00 J U18

vrijdag 18.30 - 20.30 J U16

vrijdag 20.00 - 22.00

J U18